

WCU WISH Week

WELL-BEING. INTERESTS & STRENGTHS.
SUCCESS & MINDSET. HAPPINESS.

THURSDAY 3/29: HAPPINESS DAY

WISH Week Promo Tables & Giveaways

11:00 - 2:00, Sykes Lobby

Center for Contemplative Studies

Campus Rec: Nutrition & Lifestyle

International Day of Happiness:

Happiness Project Tables

11:00 - 2:00, Sykes Ballroom A&B

"Make it a Happy Day: Connection & Happiness"

by Steve Uhlenbrock

7:30 - 8:45, Sykes Theatre

Trap Yoga w/Guided Discussion on Happiness

7:30 - 8:30, Ehinger Gym