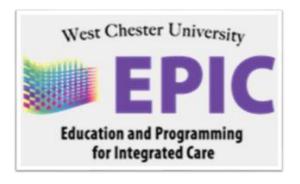
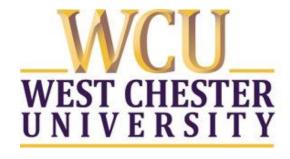
# IMPACT OF PAID INTERNSHIPS FOR MSW STUDENTS

Veronica Gillen, MSW Candidate '21
Wendy Myers, LSW
Julie Tennille, PhD, LSW
Graduate Department of Social Work,
West Chester University of PA







### LEARNING OBJECTIVES

- · Describe the impact of unpaid internships on graduate students
- Recognize disproportionate burdens on students identifying as women and Black, Indigenous, and Persons of Color (BIPOC)
- Review impact of stipends on graduate social work students at West Chester University
- Identify areas for further research

### INTRODUCTION AND CONTEXT



Increase social work and school counseling professionals of diverse backgrounds in the behavioral health workforce for medically underserved and vulnerable populations



Immerse students in integrated care settings and practices



This presentation focuses on the implications of unpaid internships and the impact of 10K stipends for graduate social work students

### METHODS OF THE LITERATURE REVIEW



Googlescholar, WCUPA Library



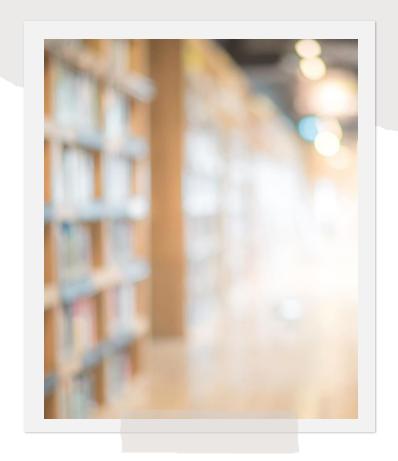
Effects of paid and unpaid internships



Complicated and broader implications

## UNPAID INTERNSHIPS WERE EXPERIENCED AS:

- Financially stressful
- Reducing quality of life
- Coercive and exploitive
- Disproportionately burdening women and BIPOC



### HYPOTHESIS AND METHOD

**Hypothesis**: Stipends for MSW internships will have a positive impact on student quality of life and reduce financial stress, particularly for women and BIPOC.

Method: Content analysis of alumni perceptions regarding quality of life and attitudes during their final year placement and field instructor perceptions regarding the impact of stipends on students.

### QUALITATIVE RESULTS



Increased financial stability, decreased debt



Ability to focus on education



-()- Increased energy and enthusiasm



I was afforded the opportunity to quit my job, and pursue MSW full-time, which resulted in me gaining my ideal employment with [a partner field site].

-Student Awardee



This year [my intern] was able to be a fulltime student and not have a job. Unlike some interns that juggle work, grad school and life, she was able to come to placement with a high energy level and full of enthusiasm for the work. She was able to fully focus on the school work and internship.

-Field Instructor

Limitations: Preliminary data, still need 2 years of data

**Future directions:** More comprehensive data collection to include different identities and discover further impacts of paid internships

LIMITATIONS
AND
FUTURE DIRECTIONS



# CONCLUSIONS AND IMPLICATIONS

- Literature shows unpaid internships cause financial stress and exploit students
- Unpaid internships place an undue burden on women and minorities
- Stipends provide financial relief and support quality of life and educational experience
- Structural changes are needed going forward

THANK YOU! QUESTIONS?

Veronica Gillen: vg919540@wcupa.edu • Julie Tennille: jtennille@wcupa.edu • Wendy Myers: wmyers@wcupa.edu

Graduate Department of Social Work, West Chester University of PA

#### REFERENCES

Baines, D., Cunningham, I., & Shields, J. (2017). Filling the gaps: Unpaid (and precarious) work in the nonprofit social services. *Critical Social Policy*, 37(4), 625-645. https://doi.org/10.1177/0261018317693128

Bullock, G., Kraft, L., Amsden, K., Gore, W., Prengle, B., Wimsatt, J., Ledbetter, L., Covington, K., & Goode, A. (2017). The prevalence and effect of burnout on graduate healthcare students. *Canadian medical education journal*, 8(3), e90–e108.

Declercq, K. & Verboven, F. (2015). Socio-economic status and enrollment in higher education: do costs matter?, Education Economics, 23:5, 532-556. https://doi.org/10.1080/09645292.2015.1047822

Duffy, A., & Pupo, N. (2018). Unpaid Work, Coercion and the Fear Economy. *Alternate Routes: A Journal of Critical Social Research*, 29. Retrieved from http://www.alternateroutes.ca/index.php/ar/article/view/22445

Eleftheriades, R., Fiala, C., & Pasic, M. D. (2020). The challenges and mental health issues of academic trainees. F1000R esearch, 9, 104. https://doi.org/10.12688/f1000research.21066.1

Evans, T., Bira, L., Gastelum, J. et al. (2018) Evidence for a mental health crisis in graduate education. Nat Biotechnol 36, 282-284. https://doi.org/10.1038/nbt.4089

Gair, S., & Baglow, L. (2018). Australian Social Work Students Balancing Study, Work, and Field Placement: Seeing it Like it Is. Australian Social Work, 71(1), 46–57. https://doi.org/10.1080/0312407X.2017.1377741

Hunt, W & Scott, P (2020) Paid and unpaid graduate internships: prevalence, quality and motivations at six months after graduation, *Studies in Higher Education*, 45:2, 464-476. https://doi.org/10.1080/03075079.2018.1541450

Johnstone, E., Brough, M., Crane, P., Marston, G. & Correa-Velez, I. (2016). Field Placement and the Impact of Financial Stress on Social Work and Human Service Students, Australian Social Work, 69:4, 481-494. https://doi.org/10.1080/0312407X.2016.1181769

Leake, R, De Guzman, A., Rienks, S., Archer, G., & Potter C. (2015) NCWWI Traineeships: A National Cross-Site Evaluation of Child Welfare Stipend Programs for Ethnically Diverse Students, *Journal of Social Work Education*, 51(2), \$299-\$316. https://doi.org/10.1080/10437797.2015.1072419

Pyne, J., & Grodsky, E. (2019). Inequality and opportunity in a perfect storm of graduate student debt. *Sociology of Education*, 93(1), 20-39. https://doi.org/10.1177/0038040719876245

Walker Buck, P., & Sowbel, L. (2016). The Logistics of Practicum: Implications for Field Education. Field Educator, 6.1.

Webber, K. L., & Burns, R. (2020). Increases in graduate student debt in the US: 2000 to 2016. Research in Higher Education. https://doi.org/10.1007/s11162-020-09611-x

Wood, T. (2009). Higher Education and Economic Growth. National Association of Scholars.