

B.S. in Health & Physical Education – Teacher Certification

Course Record Sheet - starting Fall 2022

Name: _____

ID# _____

Sem/Yr Entering: _____

Advisor: _____

Students are bound by the major, minor, and related requirements in the catalog for the academic year for which they are accepted into the major or minor. Students are required to meet with their academic advisor every semester to discuss scheduling of next semester's classes and to unlock the hold. Always bring your up-to-date course record sheet. You must earn 120 credits to be eligible for graduation.

GENERAL EDUCATION REQUIREMENTS

Category (# credit hours)	Title/Number Course Information	Credit Hours	Letter Grade or T
FIRST YEAR EXPERIENCE (4)	FYE 100D (Required for less than 24 credits transferred)	4	
ACADEMIC FOUNDATIONS			
A. English Composition (6 or 7)	WRT 120 or 123 depending on placement test:	3 or 4	
	WRT 200, 204, 205, 206, 208, or 220	3	
B. Mathematics (6)	MAT 103 or higher	3	
	A second MAT class is required by PDE; MAT course must be 103 or higher; can do second MAT course pass/fail	3	
C. Interdisciplinary "I" (3)	EDF 300 Democracy in Education	3	
D. Diverse Communities "J" (3)	KIN 254 Disability Studies	3	
E. Extra PDE & Teacher Education Requirements	EDP 250 Educational Psychology	3	
	LAN/ENG 382 Teaching English Language Learners (Clearances required see note *)T	3	
DISTRIBUTIVE REQUIREMENTS			
A. Science (6) Recommended NTD 303 See DPR for classes		3	
		3	
B. Behavioral / Social Sciences (6) See Degree Progress Report (DPR) for classes			
		3	
C. Humanities (6) See DPR for classes		3	
		3	
D. Arts (3) See DPR for classes		3	
ADDITIONAL BACCALAUREATE REQUIREMENTS			
A. ETHICS REQUIREMENT	Suggested: PHI 180 (also 2 nd Humanities and Diverse Communities) or PSY 100 (also Behavioral/Social Science); ERM 353, ERM 354, ERM 355, HEA 300	3	
B. WRITING EMPHASIS COURSES "W" (9) See catalog for approved courses.	One "W" must be at the 300-400 level		"W" courses may also be used to satisfy other requirements.
Transfer students who bring to WCU more than 70 transfer credits must <u>complete one 300-400 level 3 credit "W" class.</u>		3	
Transfer students who bring to WCU 40-70 transfer credits must <u>complete 6 credits of "W" classes.</u>		3	
All students entering WCU with fewer <u>than 40 credits, must complete 9 credits of "W" classes</u>		3	
C. SPEAKING EMPHASIS COURSES "SE" (9) See catalog for approved courses.	One "SE" must be at the 300-400 level		"SE" courses may also be used to satisfy other requirements.
Transfer students who bring to WCU more than 70 transfer credits must <u>complete one 300-400 level 3 credit "S" class.</u>		3	
Transfer students who bring to WCU 40-70 transfer credits must <u>complete 6 credits of "S" classes.</u>		3	
All students entering WCU with fewer <u>than 40 credits, must complete 9 credits of "S" classes</u>		3	

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HEALTH AND PHYSICAL EDUCATION TEACHER CERTIFICATION COURSE REQUIREMENTS

Note: 1) Teacher Candidacy (see [College of Education requirements](#)), 2) an EDF 030 on your transcript signifies you have achieved teacher candidacy, 3) must earn C or better (not C-) in all major-related classes.

Student Teaching Prerequisites: Teacher Candidacy documentation of [Praxis II trial](#)

Graduation Prerequisite: Cumulative GPA of 3.0 or higher & Pre-Professional Experiences (PPE's)

* [Field Clearances Required](#) – Child Abuse, Police Check, FBI Fingerprinting, TB test (see College of Education)

Course #	Course Name	Credits	Grade
HPE-TC Foundations (9 Credits)			
HPE 108	Introduction to School Wellness Education	6	
HPE 186	Motor Development and Motor Learning	3	
Wellness Education Pedagogy (30 Credits)			
HPE 205*	Curriculum & Instruction: Inclusion in Health & Physical Education (Prereq: HPE 108, 186)	3	
HPE 206*	Adapted Physical Education & Health for Students with Disabilities (Prereq: HPE 108, 186)	3	
HPE 300*	Curriculum & Instruction: Elementary Physical Education (Prereq: HPE 108, 186)	3	
HPE 304*	Secondary School Wellness Education (Prereq: HPE 108, 186)	6	
HPE 305	Pedagogy and Critical Issues in Urban School Wellness Education (Prereq: HPE 108, 186)	3	
HPE 347*	Assessment and Technology in Health and Physical Education	3	
HPE 403*	School Wellness Education Practicum (Prereq: HPE 205/206, HPE 300, HPE 304, Teacher Candidacy)	6	
Wellness and Applied Science Content Knowledge (12 Credits)			
EXS 241	Body Systems and Applied Anatomy I		
EXS 361	Body Systems and Applied Anatomy II (Recommend taking EXS 241 first)	3	
HEA 304	Family Life and Sex Education	3	
HEA 316	ATOD Prevention Education (Prereq: HPE 108)	3	
NTD 300	Nutrition Pedagogy	3	
Activity Module (14 Credits)			
HPE 102	Adventure and Contemporary Activities	2	
HPE 104	Fitness and Wellness I	2	
HPE 105	Fitness and Wellness II (Prereq: HPE 104)	2	
HPE 140, 275 or 331	Choose one of the following: HPE 140 – Aquatic Fundamentals and Emergency Water Safety, HPE 275 – Lifeguarding or HPE 331 – Water Safety Instruction	2	
HPE 201	Developmental Dance and Gymnastics	2	
HPE 202	Invasion Games	2	
HPE 203	Net and Wall Games	2	
Student Teaching (12 Credits)			
HPE 489*	Student Teaching (prerequisite; all major coursework; Teacher Candidacy)	6	
HPE 490*	Student Teaching (prerequisite; all major coursework; Teacher Candidacy)	6	
			74 Credits

Effective Fall 2022