

# West Chester University of Pennsylvania Athletic Training Alumni Newsletter

SPRING 2006

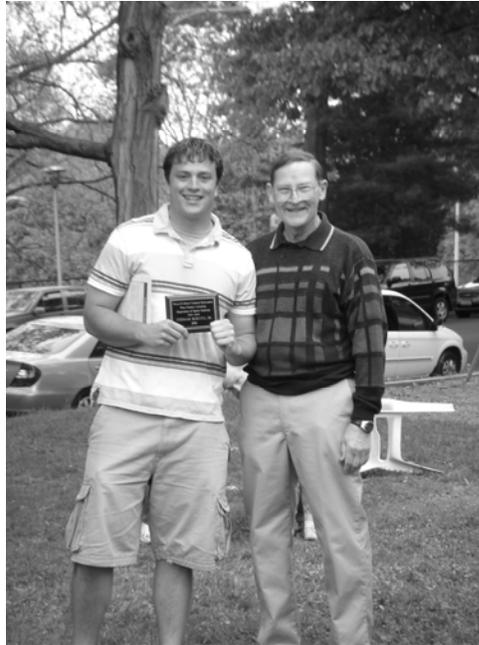
## SCHOLARSHIP NEWS

### **Douglas M. Weiss Scholarship**

Four years ago, Swarthmore College students, alumni, parents, and athletes contacted WCU regarding the development of a scholarship to honor Doug Weiss, longtime head athletic trainer at Swarthmore. This annual award is given to a junior WCU athletic training student who exemplifies the qualities Doug portrayed in his many years of dedicated service as an athletic trainer. This year's recipient is Jenni Silber. Jenni completed her clinicals at Ursinus College and West Chester East high school this past year.

### **Pat Croce Scholarship**

Created in 1996, the Pat Croce Scholarship is given to an incoming freshman who exemplifies passion and enthusiasm for the profession of athletic training.



(Pictured above, left to right) Senior athletic training student Thomas Bertini with Phil Donley. Tom was named this year's Phil Donley Scholarship recipient.

This year's recipient is Matthew M. Pennucci from Manchester, NJ.

### **Phillip Donley Scholarship**

This annual award is given to a senior WCU athletic training student who exemplifies the service, work ethic, and a passion for the profession of athletic training. This year's "Outstanding Senior" is Tom Bertini. Tom completed his clinicals with WCU football, WCU track and field, Great Valley High School and West Chester East High School. Tom will be a graduate assistant at WCU this year pursuing a master's degree while working as an athletic trainer with the WCU sports teams.

## ***DUAL DEGREE PROGRAM***

We are proud to announce a new partnership between West Chester University and Millersville University to offer a dual degree program in both biology and athletic training. This dual degree program is designed for Millersville University students who wish to obtain a bachelor of science degree in biology while simultaneously completing the athletic training education program, via distance learning, at West Chester University. The program provides general education, biology, and pre-athletic training requirements through MU and athletic training credits, via distance learning and one summer of courses, through WCU. Students will earn two bachelor of Science degrees in four years – one in biology/pre-athletic training from Millersville University and one in athletic training from West Chester University. The Fall 2006 class has an enrollment of 8 students.

## **STUDENT UPDATES**

The athletic training program currently has 109 students enrolled in the program - 19 seniors, 21 juniors, 27 sophomores and 42 incoming freshmen. Despite the increase in the number of competing accredited programs within the tri-state area, our program continues to remain popular and competitive. This year we received 240 applications; about 100 met our interview criteria. We then interviewed 80 and have our incoming class of 42 students. The overall academic profile of the incoming freshman class is ranked in the top 24% with a GPA of 3.46 and SAT total of 1116.

### **DECEMBER CEU CONFERENCE**

More details will be posted on our website: <http://health-sciences.wcupa.edu/sportsmed/>

## FACULTY NOTES

**Carolyn Jimenez** has just completed her fourth year as department chair. She was instrumental in the development of the dual degree program with Millersville University

**Sandy Fowkes Godek** continues to collaborate with colleagues throughout the world within her area of heat and hydration research. This past spring a H.E.A.T. Institute was created at WCU for her future research.

**Neil Curtis** has continued his term as program coordinator. He was on sabbatical this past spring investigating clinical education practices throughout the region.

**Scott Heinerichs** will be going to London this summer as part of his doctoral course work to examine higher education practices in the UK. He is also the adviser for the Athletic Training Club.

**Luzita Vela** has completed her first year within the department. She is the lead investigator in a research study examining the effects of a class IV therapeutic laser on delayed onset muscle soreness.

**Nicole Armstrong** completed her second year as a

temporary faculty member. She has begun work on her PhD. at Temple University in the Kinesiology Department.

**Jen Lafalce** served as a temporary faculty member for the year and will be returning next year in the same role.



## H.E.A.T. INSTITUTE

The Heat illness Evaluation Avoidance and Treatment Institute was developed with the support of Dean Barr to assist Sandy Fowkes Godek in her ongoing research in thermoregulation and fluid and electrolyte balance in at-risk athletes. She is currently collecting data in the WCU football players, the Philadelphia Eagles, and the Philadelphia Flyers, and has recently been invited to consult with the U.S. men's soccer team. Data collected from these athletes will be analyzed in the sports medicine laboratory which is housed in the H.E.A.T. Institute.

## CONGRATULATIONS GRADUATES OF 2006

On Saturday, May 13, 2006, the largest group of seniors, 24 students, graduated from the athletic training program. Many of our graduates have already found employment as either graduate assistants or in full-time positions. Below are some of the 2006 graduates and the endeavors they are pursuing:



Jon Andrews- University of Connecticut, Graduate Assistant  
 Becky Ashinhurst- North Stafford High School, Stafford, VA  
 Tom Bertini- West Chester University, Graduate Assistant  
 Vanessa Christensen- Monmouth University, Graduate Assistant  
 Suzanne Donaghue- T.J. Antich Sports Physical Therapy  
 Rachel Gennaro- Thomas Jefferson Graduate School  
 Jason Kopec- West Chester University, Graduate Assistant  
 Rachel Lindsay- University of Hawaii, Graduate Assistant  
 Samantha Rostovich- McCarrin Rehabilitation Center  
 Maggie Wert- Cadient Group, Pharma Marketing Company  
 Sheena Woodard- Georgia State University, Graduate Assistant

## UPCOMING ALUMNI EVENTS

We would appreciate receiving updates so that we can continue to feature alumni news and updates on career changes, family changes, and additional degrees in future newsletters. If anyone is interested in helping create and/or serve on an alumni board please indicate on your alumni update form.

This year, after the Homecoming football game on Saturday, September 30, 2006, we would like to host an alumni event. If there is sufficient interest, we will post it on the Department of Sports Medicine website. We are planning to host the event at Fame Fire Hall on Rosedale Avenue in West Chester. However we need to know how many people will attend before placing a down payment. Please check the box on the alumni update form if you are interested in attending or email me.

Please take some time to fill out the update form and send it back to us! Our program is only as good as the alumni and students that we serve. As a way to reduce costs, please check the box on the reply side if you wish to receive the newsletter via e-mail—and don't forget to include your e-mail address!

### \*\*\*\*\* NATA CONVENTION NEWS \*\*\*\*\*

We are very excited to be going to Atlanta, GA this year for the 2006 convention. Please check the conference proceedings to listen and see faculty member presentations. Carolyn, Sandy, Neil, Scott, Luzita, and Jen will be presenting sometime throughout the conference. We are also hosting an alumni and friends gathering at Jocks and Jills Sports Bar and Grill (Midtown Location) on Thursday June 15, 2006 from 7:30 pm – 9:30 pm. Be sure to stop by for a free drink, food and a chance to win some West Chester University apparel. Hope to see you there!

Scott Heinerichs  
Newsletter Editor  
sheinerich@wcupa.edu

## ALUMNI UPDATES

**Susan Dyer Lambert, PT, SCS, ATC '80** is employed by Sentara Physical Therapy Centers (Virginia Beach, VA). She is married to Randy, a pilot for Delta Airlines, and has one daughter Caroline.

**Jeanne Kowalski '81** is employed by Scranton Preparatory School.

**Kathleen (Burns) Corpora '82 (Summer)** teaches Health and P.E. at East Hills Middle School (Bethlehem, PA) and works part-time as an ATC at Coordinated Health. She obtained an additional degree as an instructional design specialist. She has been married to Jim Corpora since 1985.

**Michael Behr '86** is employed by Zimmer Orthopaedics. He received MBA from St. Joseph's University. Michael resides in Blue Bell, PA with his wife, Jeanne, and their three children.

**Jennifer (Newcomer) Northrup '90** is employed by Northampton Primary Care - Pioneer Physicians Network. She has three children, Andrew, Elizabeth, and Emma.

**Todd Bartley '91** is employed as an assistant athletic trainer at Ursinus College. He received a M.S. in Exercise Science from University of Florida and was married to Jennifer on July 9, 2004.

**Matt Domshon '95** is employed by Zuckerman-Honickman. He was married to Heather August 4, 2000 and currently has two children, Gavin and Bryce.

**Lisa Engeldrum '98** received a master's in curriculum and instruction from Teacher's College, Columbia University. She is employed by the Ithaca City School District in New York. She was married on July 23, 2005.

**Silvia Rebimbas '00** is employed by Comprehensive Sports Care Specialists Inc. She received a master's in physical therapy (MPT) from UMDNJ/Rutgers University in 2004. She is currently enrolled in the DPT program at Temple University with an anticipated graduation in Spring 2007.

**Debbie Mallon '02** received a M.S. in secondary school counseling from Bucknell University in May 2005. She is a certified instructor for the American Red Cross.

**Dawn (Wenger) Hornsberger '02** received an associate's degree in nursing from Harrisburg Community College in May 2005. She is employed at Ephrata Community Hospital in the intermediate care unit. She is returning to WCU to obtain BSN degree and is married to Brian Hornsberger.

## STUDENT- FACULTY RESEARCH

Scott Heinerichs and Neil Curtis were awarded a faculty-student research grant this past year. The title of their project is “Athletic Training Students' Perceptions of Frustration During the Clinical Education Experience”. Qualitative research design methods were used to discover common categories of frustration among junior, senior, male, and female athletic training students. Two undergraduate students assisted in the research project.

Luzita Vela was awarded a scholarship of teaching grant this past year. The title of her project is, “A Modular Approach to Clinical Education”, with a purpose of creating learning modules that West Chester students can use at various clinical sites. Five undergraduate students have agreed to assist in developing the modules.

Sandy Fowkes Godek was awarded a PATS grant and president’s initiative grant this past year. The president’s initiative grant will be used to fund a graduate assistant who will accompany Sandy at Lehigh in July to continue for a fourth year of data collection with the Philadelphia Eagles. The PATS funding will be used to purchase a LifeShirt (VivoMetrics, Ventura CA) which is cutting-edge technology that will allow in-depth physiological data collection to further investigate the factors associated to abnormally elevated core temperatures in football players.

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## ATHLETIC TRAINING ROOM IMPROVEMENTS

We continue to make improvements to the athletic training room. This summer the rehabilitation area will be expanded by 10-15 feet and new carpeting will be placed throughout. We also will be renovating a custodial closet to serve as a physician examination room. Thanks to Dean Don Barr who has continued to assist the department in this process. Thank you also to all who contributed last year to this fund. If you are interested in contributing to the athletic training room renovation fund, please send your gift with the alumni update form. We value your contributions!



(Pictured above, left to right) Marie Mancini, approved clinical instructor at Swarthmore College, and Jenni Silber, the 2006 Doug Weiss Scholarship recipient.

**ALUMNI UPDATE FORM**

Name \_\_\_\_\_ Class Year \_\_\_\_\_

Home Address \_\_\_\_\_  
\_\_\_\_\_

Home Phone ( ) \_\_\_\_\_- \_\_\_\_\_

Work Phone ( ) \_\_\_\_\_- \_\_\_\_\_

Employer \_\_\_\_\_  
\_\_\_\_\_

E-mail address \_\_\_\_\_

- I would like to get the Newsletter by email.
- I am interested in purchasing an AT t-shirt.
- I am interested in attending the Homecoming AT event
- I am interested in serving and/or helping create an alumni board

Additional degrees? Children? Spouse? News about yourself?

Please provide any information you may have concerning "missing" alumni that we may not know about. Thank you!

**Giving to Athletic Training:**

A one time gift (cash/check) of \$ \_\_\_\_\_ is enclosed. I would like to designate my gift to:

- Phil Donley Endowment Fund       Pat Croce Scholarship Fund       HEAT Institute
- Douglas M. Weiss Endowment Fund       Athletic Training Room Renovation Fund

Please charge my credit card:       Visa       Mastercard       AMEX

Acct# \_\_\_\_\_ Exp. Date \_\_\_\_\_

Name on card \_\_\_\_\_

Signature \_\_\_\_\_

*Please make checks payable to: The Fund for WCU.**Send to: Scott Heinerichs, 114 Sturzebecker Health Sciences Center, West Chester University, West Chester, PA 19383*

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West Chester University  
West Chester, PA 19383-2503

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